



## **BOLCCC Health Policy**

The health and safety of all children and staff at BOLCCC is our top priority. To help maintain a healthy environment, we require that children who exhibit signs of illness stay home and only return when they are symptom-free for at least 24 hours without the use of medication (such as fever reducers, cough suppressants, or anti-diarrheal medication).

### **Daily Health Check**

Each child will be observed upon arrival for signs of illness. Children exhibiting any of the symptoms below may not be admitted into care and may be sent home if symptoms develop during the day.

### **Symptoms Requiring Immediate Pick-Up and/or Exclusion from Care:**

Children will not be admitted if they show any of the following symptoms. Additionally, if a child develops any of the following symptoms while in care, parents/authorized pick-up persons will be contacted immediately. It is expected that the child will be picked up within 1 hour of notification. Children with these symptoms may not attend school:

- Fever of 100.4°F or higher
- Vomiting (even once)
- Diarrhea (two or more loose stools in a day)
- Persistent coughing or wheezing
- Difficulty breathing or shortness of breath
- Yellow or green nasal discharge
- Lethargy associated with illness/other symptoms
- Rash with fever or behavioral changes (especially if the cause is unknown)
- Eye redness with discharge (conjunctivitis/pink eye)
- Mouth sores with drooling
- Head lice or nits, scabies
- Unusual fatigue or irritability
- Loss of taste or smell
- Skin sores or open wounds that are weeping
- Diagnosis of a contagious illness

### **Return-to-Care Guidelines**

We follow Title 22 and Los Angeles County Department of Public Health guidelines for when children must be excluded from and may return to care.

### **Children may return to care when:**

- They have been symptom-free for 24 hours without medication, including no fever, diarrhea, vomiting, and nasal discharge.
- If prescribed antibiotics (e.g., for strep throat or impetigo), they must complete at least 24 hours of treatment before returning.
- For certain diseases (e.g., pertussis, measles), a doctor's note or clearance from the health department may be required.
- In the case of head lice, children may return once treatment has begun and no live lice are present.
- Are well enough to participate in daily activities, including outdoor play.

**Note:** We reserve the right to require a medical clearance before readmission for any communicable disease or ongoing symptoms.

### **Medication Policy**

Prescription and over-the-counter medications may only be administered with a signed Medication Authorization Form from the parent. All medications must be in their original container with a prescription label.

### **Reportable Communicable Diseases**

Under California law, parents are required to notify BOLCCC within 24 hours of diagnosis, if their child is diagnosed with any of the following contagious conditions, even if their child has not attended care due to illness.

BOLCCC is required to report certain communicable diseases to the Los Angeles County Department of Public Health (LACDPH). Please notify us immediately if your child is diagnosed with any of the following:

- Influenza (confirmed)
- Pertussis (Whooping Cough)
- Measles
- Mumps
- Rubella
- Chickenpox
- Hepatitis A, B, or C
- Tuberculosis
- Meningitis
- Hand, Foot, and Mouth Disease (confirmed)
- Scabies
- Head lice (in certain outbreaks)
- Giardia or other parasitic infections
- Shigella, Salmonella, E. coli (with diarrhea)
- RSV (in severe cases or outbreaks)
- Streptococcal infections (e.g., Strep throat)
- Impetigo
- Ringworm (after treatment has begun)

Parents are not required to report common colds, seasonal flu, or mild stomach bugs unless local authorities deem it part of a larger outbreak.

COVID-19 is not currently listed in Title 17 as a reportable disease. Parents are not legally required to report COVID-19 to the preschool as a reportable disease.

### **Outbreak Notification to Parents**

Under Title 22 § 101212(d) (child care centers) licensees must inform parents if two or more children in care have the same communicable disease from the above list. Please note that this does not include COVID-19.

To ensure the health and safety of all children and staff, BOLCCC will electively inform parents when there is an outbreak of COVID-19 (2 or more confirmed cases) within 24 hours of the second confirmed case.

All reporting is confidential and the identity of the affected child/staff member will be protected as required by confidentiality laws.

## **BOLCCC Health Policy**

### **Parent Agreement**

I acknowledge that I have read and understand the Health Policy outlined above. I agree to keep my child home if they are sick and will promptly pick them up if they become ill while at school. I will notify the program if my child is diagnosed with a reportable communicable disease.

Child's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent/Authorized Representative Name: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Authorized Representative Name: \_\_\_\_\_

Relationship to Child: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_